Announcement and Call for Papers

2nd European Congress on the Aging Male

September 3rd - 5th, 2009 | Budapest, Hungary

Deadline for submission of abstract: Monday April 6, 2009

Under the auspices of:

The International Society for the Study of the Aging Male
The European Menopause and Andropause Society

www.kenes.com/aging-congress
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MAIN SPONSOR (AS OF SEPTEMBER 2008)

Solvay Pharmaceuticals
Dear Colleagues

On behalf of the Faculty and the Organizing Committee, we take great pleasure in welcoming you to the 2nd European Congress on the Aging Male.

Despite enormous medical progress during the past few decades, the last years of life are still accompanied by increasing ill health and disability. The ability to maintain independent living for as long as possible is a crucial factor of health and aging.

Therefore, the promotion of healthy aging and the prevention of disability in all older people must assume a central role in medical research and medical practice, as well as in the formulation of national health and social policies. Whilst gender specific aging issues of women and female health in general has been the focus of a coherent medical approach for many years, the healthcare of males in their aging years has tended to be piecemeal and somewhat uncoordinated. Effective programs promoting healthy aging will ensure a more efficient use of health and social services and thereby improve the quality of life in older persons, by enabling them to remain independent and productive.

In light of this, public awareness of medical knowledge needs to be increased and basic, clinical, socio-economic and epidemiological research intensified. This will necessitate a quantum leap in multi-disciplinary and internationally coordinated research efforts. Such efforts should be supported through the establishment of new partnerships between inter-governmental, governmental, industrial and voluntary sectors. All these considerations will be addressed here at the 2nd European Congress on the Aging Male.

This Congress on the Aging Male will demonstrate that interdisciplinary collaboration is possible, and that it can unite all forces in this relatively new discipline. It truly displays our purpose to comprehensively examine the causes and consequences of male aging and its social and medical repercussions, with the goal being to improve the health status and quality of life of men.

This Congress will bring together the most recent data presented by prominent scientists on the many physical, metabolic and psychological changes experienced by men as they age. We will highlight prostate gland changes, testosterone metabolism, the metabolic syndrome, cardiological changes, osteoporosis, sexuality, mood and cognitive disorders and more.

The Congress is intended for a broad audience with multifaceted interests such as practitioners, experts and researchers of medical, behavioural and social sciences, as well as for providers of services and technologies for the aging population. The general practitioner will have special learning opportunities in this relatively new field.

We look forward to welcoming you to our Congress in September, 2009.

For updates please visit our website at www.kenes.com/aging-congress.

Prof. Bruno Lunenfeld
MD.; FRCOG. FACOG (hon.)
President
MAIN TOPICS

AN INTERNATIONAL PERSPECTIVE ON THE AGING MALE
- Epidemiology of Aging: An International Perspective
- The Aging Male in the Developing World
- What Aging in the Western World Means in 2009
- Demographic Aspects of Aging
- Economics of Aging

DIAGNOSIS AND SCREENING FOR ENDOCRINE DEFICIENCIES IN THE AGING MALE
- Endocrinology of the Aging Male
- Controversies on Therapeutic & Preventive Strategies
- Hormone Therapy for the Aging Male
- Hormone Levels in Aging Males (Techniques and Pitfalls)
- Testosterone Therapy in late-onset Hypogonadism (Diagnosis, Treatment and Monitoring)
- Present and Future Trends
- Aging on the Molecular Level and in Animal Experiments

METABOLIC SYNDROME DELAYING CVD AND TYPE 2 DIABETES
- Risk Factors and Complications: Hyperglycemia, Insulin Resistance and Cardiovascular Diseases
- Current Treatments to Reduce Cardiovascular Risks
- Current Treatments of Type 2 Diabetes (including Insulin Sensitizers)

OBESITY
- Preventive Strategies
- New Therapeutic Targets
- MCHR-1
- 11-Beta – HSD - Incyte Obesity Drug Therapies
- SCD1
- Ghrelin Antagonists
- AMPK - Obesity and Diabetes

SEX AND AGING
- Medical and Non-Medical Management of Erectile Dysfunction in the Aging Male
- Sexuality, Sexual Dysfunction and Erectile Dysfunction
- The Role of Testosterone in Male Sexual Function
- Correlation between Functional Deficiencies and Specific Hormone Blood Levels in the Aging Male
• Pros and Cons of Androgen Therapy
• Selective Androgen Receptor Modulators
• Growth Hormone and Growth Factors in the Aging Male
• Safety of Hormone Therapy
• Body Composition and Aging

DISEASES RELATED TO AGING AND HORMONAL DEFICIENCIES
• Diabetes and Aging
• Cardio-Vascular Disease in the Aging Male, including Lipid Profiles and other Risk Factors
• The Aging Brain
• Cognitive Function in the Aging Male, Mood Disturbances and Depression
• Frailty (Osteoporosis, Balance, Muscle Mass and Skeleton) in the Aging Male
• Benign Prostate Hypertrophy
• Prostate Cancer
• Gynecomastia and Breast Cancer in Aging Males
• The Role of Estrogens in Male Physiology and Pathology
• Incidentalomas of Endocrine Glands in Aging Males
• Thyroid Diseases in Aging Males

INCONTINENCE
• Prevalence, Pathophysiology and Management of Incontinence in Men
• Prevalence, Pathophysiology and Management of Post-Prostatectomy Incontinence in Men
• Every-Day Care of Patients with Neurogenic Bladder

MEDICAL AND NON-MEDICAL APPROACHES TO MALE HEALTH AND AGING
• Nutrition, Neutraceuticals, Minerals, Vitamins, Antioxidants and Food Additives
• Physical Activity, Physical Fitness and Nutrition in the Aging Male
• Sensory Function (Vision and Hearing) Health Issues: Diet, Smoking, Lifestyle, Gender
• Prevention and Management of Pain
• Social and Economic Factors and Cultural Differences in the Aging Male
• Life Styles (Smoking, Alcohol, Psycho-Social Behavior and Cultural Differences in the Aging Male)
CALL FOR ABSTRACTS

Deadline for submission of abstracts: **April 6, 2009.**

Abstracts must be submitted via the website: www.kenes.com/aging-congress

Please follow the instructions listed on the website step-by-step.

- Following peer review, abstracts will be accepted as either oral or poster presentations and will appear in the Congress materials.
- Abstracts will be published upon payment of registration fees, to be received by the Congress Secretariat no later than **July 20th**.
- If you are unable to submit your abstracts via the website, please contact the Congress Secretariat.
- Abstracts submitted by fax will not be accepted.
- Authors presenting abstracts must be registered participants.
- Abstracts must be submitted in English and be of high enough quality for publication.
- Abstracts should clearly state:  
  - Background and aims  
  - Methods  
  - Results  
  - Conclusions
- Use generic names of drugs. Express numbers as numerals.
- Images, table, diagrams, graphs must be saved and uploading as JPG files. Other file types cannot be accepted. Please note that these may be resized to fit in the final printed material.
### PRELIMINARY TIMETABLE (Subject to changes)

<table>
<thead>
<tr>
<th>Time</th>
<th>National Symposium</th>
<th>Industry Sponsored Symposia</th>
</tr>
</thead>
<tbody>
<tr>
<td>09:30-11:00</td>
<td>National Symposium</td>
<td>National Symposium</td>
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<tr>
<td>11:00-11:30</td>
<td>Coffee Break</td>
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<tr>
<td>11:30-13:00</td>
<td>National Symposium</td>
<td>National Symposium</td>
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<tr>
<td>13:00-14:00</td>
<td>Lunch Break</td>
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<td>14:00-16:30</td>
<td>Post Graduate Course:</td>
<td>Post Graduate Course:</td>
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<tr>
<td></td>
<td>Diagnosis and Treatment of</td>
<td>Prevention of Metabolic Syndrome:</td>
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<td></td>
<td>Androgen Deficiency</td>
<td>Diagnostics and Management</td>
</tr>
<tr>
<td>16:30-17:30</td>
<td>Opening Ceremony</td>
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<tr>
<td>17:30</td>
<td>Welcome Buffet Reception</td>
<td></td>
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### THURSDAY, SEPTEMBER 3rd

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>09:30-11:00</td>
<td>National Symposium</td>
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<tr>
<td>11:00-11:30</td>
<td>Coffee Break</td>
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<tr>
<td>11:30-13:00</td>
<td>National Symposium</td>
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<tr>
<td>13:00-14:00</td>
<td>Lunch Break</td>
</tr>
<tr>
<td>14:00-16:30</td>
<td>Post Graduate Course: Diagnosis and Treatment of Androgen Deficiency</td>
</tr>
<tr>
<td>16:30-17:30</td>
<td>Opening Ceremony</td>
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<tr>
<td>17:30</td>
<td>Welcome Buffet Reception</td>
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### FRIDAY, SEPTEMBER 4th

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>09:00-10:30</td>
<td>Plenary Symposium: Management of the Metabolic Syndrome</td>
</tr>
<tr>
<td>10:30-11:00</td>
<td>Coffee Break, Poster Viewing, Visit the Exhibition</td>
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<tr>
<td>11:00-12:30</td>
<td>Plenary Symposium: Male Sexual Dysfunction</td>
</tr>
<tr>
<td>12:30-13:30</td>
<td>Lunch Break, Poster Viewing, Visit the Exhibition</td>
</tr>
<tr>
<td>13:30-15:00</td>
<td>Industry Sponsored Symposium</td>
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<tr>
<td>15:00-15:30</td>
<td>Coffee Break, Poster Viewing, Visit the Exhibition</td>
</tr>
<tr>
<td>15:30-16:30</td>
<td>Urological Issues: Management of Incontinence</td>
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<td></td>
<td>Diabetes: Preventive Strategies and Management</td>
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<td></td>
<td>Osteopenia: Preventive Strategies and Management</td>
</tr>
<tr>
<td>16:30-18:00</td>
<td>General Assembly</td>
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</table>
### 2nd European Congress on the Aging Male

**Saturday, September 5th**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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</thead>
<tbody>
<tr>
<td>09:00-10:30</td>
<td>Imaging Techniques: What Is New?</td>
</tr>
<tr>
<td>10:30-11:00</td>
<td>Coffee Break, Poster Viewing, Visit the Exhibition</td>
</tr>
<tr>
<td>11:00-12:30</td>
<td>Industry Sponsored Symposium</td>
</tr>
<tr>
<td>12:30-13:30</td>
<td>Lunch Break, Poster Viewing, Visit the Exhibition</td>
</tr>
<tr>
<td>13:30-15:00</td>
<td>SNP MAPPING: Pro and Con Discussion and Potential Implementation in Clinical Practice</td>
</tr>
<tr>
<td>15:00-15:30</td>
<td>Coffee Break, Poster Viewing, Visit the Exhibition</td>
</tr>
<tr>
<td>15:30-17:00</td>
<td>Free Papers</td>
</tr>
<tr>
<td>17:00</td>
<td>Closing Ceremony</td>
</tr>
</tbody>
</table>
GENERAL INFORMATION

CONGRESS VENUE
Budapest, Hungary

DATES

LANGUAGE
The official language of the Congress is English. National symposia may be held in their native language.

REGISTRATION FEES

<table>
<thead>
<tr>
<th></th>
<th>Until June 1st, 2009</th>
<th>From June 2nd, 2009 until August 26th, 2009</th>
<th>From August 27th, 2009 and on-site</th>
</tr>
</thead>
<tbody>
<tr>
<td>Participants</td>
<td>€ 490</td>
<td>€ 585</td>
<td>€ 645</td>
</tr>
<tr>
<td>Students, Post-Docs, Fellows*</td>
<td></td>
<td>€ 250</td>
<td></td>
</tr>
<tr>
<td>Participants from countries with lower middle income **</td>
<td>€ 245</td>
<td>€ 320</td>
<td>€ 360</td>
</tr>
<tr>
<td>ISSAM members</td>
<td>€ 370</td>
<td>€ 465</td>
<td>€ 560</td>
</tr>
</tbody>
</table>

Fees for Participants include participation in all scientific sessions, printed materials of the Congress, and an invitation to the Welcome Buffet Reception.

*Students, Post-Docs and Fellows must provide a letter from their head of department to support their application for student rate.

** According to the World Bank listings

CANCELLATION POLICY
Up to 90 days prior to arrival – full refund less bank charges
Up to 60 days prior to arrival – cancellation charge of € 50
Less than 60 days prior to arrival – no refund

PAYMENT
Payment of registration fees may be made by credit card (visa, Mastercard, American Express or Diners Club), cheque payable to “ESSAM 2009, Budapest” or by bank transfer to “ESSAM 2009, Budapest”

BANK TRANSFER
Please make sure that the name of the Congress and the participant is stated on the bank transfer.
Current account in EUR No. 693980-52-181
Kenes International Organizers of Congresses Ltd.
ESSAM 2009, Budapest, IBAN No. CH35 0483 5069 3980 5218 1, Clearing No. 4835 Swift : CRESCHZZ12A
LETTER OF INVITATION
Upon request, the Secretariat of the Congress will send a personal invitation to participants. This invitation is meant only to help visitors to raise travel funds or to obtain a visa, and is not a commitment on the part of the organizers to provide any financial support.

VISA REQUIREMENTS
Please make sure to check your visa requirements early so as to avoid missing out on the Congress.

CME CREDITS
CME accreditation is being applied for. Further details regarding this will be available on the website at a later stage at www.kenes.com/aging-congress.

EXHIBITION
A commercial exhibition is scheduled to take place in conjunction with the Congress. For further information please contact:
Simone Gampel
Kenes International
1-3 rue du Chantepoulet, CH-1211 Geneva, Switzerland
Tel: +41 22 908 04 88, Fax: +41 22 732 28 50
E-Mail: sgampel@kenes.com

LIABILITY
The Congress Secretariat and Organizers cannot accept liability for personal accidents, loss of or damage to private property of participants, either during, or directly arising from the 2nd European Congress on the Aging Male. Participants should make their own arrangements with respect to health and travel insurance.

CLOTHING
Clothing is casual for all sessions.

SMOKING
There is no smoking within the Congress Venue, nor in any of the session halls.

CONGRESS SECRETARIAT
For further information kindly contact:
2nd European Congress on the Aging Male
c/o Kenes International
1-3 Rue du Chantepoulet, P.O. Box 1726
CH-1211, Geneva 1, Switzerland
Tel: +41 22 908 0488; Fax: +41 22 732 2850
Email: aging@kenes.com, Website: www.kenes.com/aging-congress
HOTEL ACCOMMODATION

Kenes International is the official travel agent for the 2nd European Congress on the Aging Male, and will be offering specially reduced rates for accommodation.

Accommodation at special Congress rates is available at the following hotels:

<table>
<thead>
<tr>
<th>Hotel</th>
<th>Category</th>
<th>Single room</th>
<th>Double room</th>
<th>Distance from Congress Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intercontinental Budapest</td>
<td>*****</td>
<td>€230</td>
<td>€250</td>
<td>Congress Venue</td>
</tr>
</tbody>
</table>

Rates are in Euro and shown per room, per night and include breakfast and all taxes.

HOW TO BOOK

In order to benefit from the special Congress rates, please use one of the following booking methods:

• Send the enclosed registration & accommodation form with the required deposit by fax or regular mail at your earliest convenience.

• Book your hotel accommodation through the Congress website at: www.kenes.com/aging-congress

We strongly advise all Congress participants to reserve their hotel accommodation as soon as possible. Kenes International will not be able to guarantee rooms after August 28th, 2009.

Each participant will receive an individual confirmation, indicating the name and address of the hotel. Hotel reservations will be confirmed only after receiving a deposit of one night’s room charge, payable by credit card, cheque or bank transfer.

If your hotel reservation is being made by a sponsoring company, the participant will receive the corresponding hotel confirmation directly from the sponsoring company.

For block bookings (10 rooms and more) companies are requested to send their request by fax or e-mail to Kenes International. Different payment and cancellation policies will apply.

For lower class hotel accommodation please contact us at: aging_reg@kenes.com

PAYMENT

Payment for accommodation, provided by Kenes International is payable (less deposit) before your arrival in Budapest. Kenes International accepts Travellers cheques and Euro cheques (in the currency of the issuing country) Visa, Master Card, AMEX and Diners Club credit cards.

Please note, 3 weeks prior to arrival in Budapest, your credit card will be automatically charged for the balance of your hotel accommodation. Participants that paid by bank transfer or by cheque need to send this balance to Kenes International. Full prepayment is required for all hotel accommodation.

CANCELLATION OF ACCOMMODATION

Cancellations or changes must be received in writing to Kenes International (by fax or e-mail)

• Cancellations received 21 days prior to arrival - full refund will be made less €50 bank charges.
• Cancellation/changes received 21-14 days prior to arrival - 1 night’s fee will be charged.
• Cancellation/changes received less than 14 days prior to arrival - no refund will be made.

IMPORTANT NOTES

Kenes International reserves the right to change the requested hotels to those of a similar grade or better. Kenes International and their agents shall not be responsible for, and shall be exempt from, all liability in respect of any loss, damage, injury, accident, delay or inconvenience to any person, or his/her luggage or any other property, for any reason whatsoever, for any tourist services provided. Personal travel and health insurance is highly recommended.

Official check in time at the hotels is 14:00 hours and check out time is 12:00 hours.